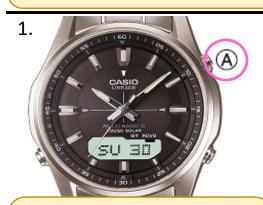
DST Setting Module: 5161

Firstly, make sure it is in the **Timekeeping Mode**.

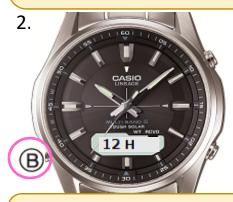
<Timekeeping Mode Screen>



Holding down (B) for at least two seconds at any time will return directly to the Timekeeping Mode.



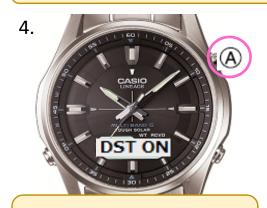
In the Timekeeping Mode, hold down (A) button for about three seconds until ADJ appears on the display.



Press (B) button twice to enter the Daylight Saving Time setting mode.



Use (C) button to toggle ON, OFF and AUTO.



Press (A) button to return to the Timekeeping Mode.